

**CEU Workshop:**

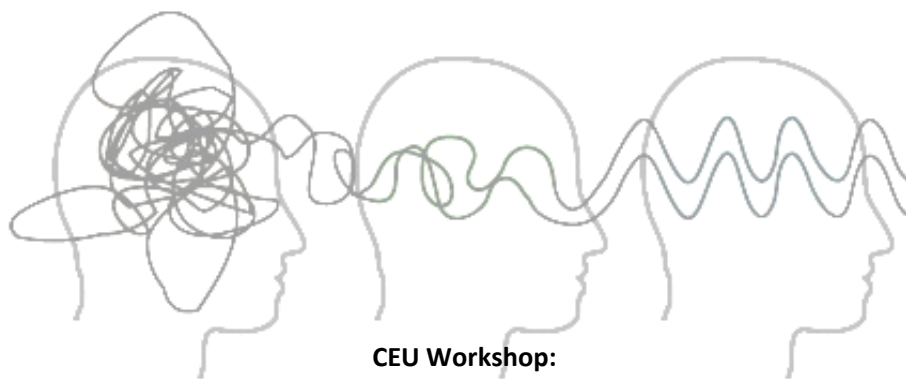
**Mindfulness Strategies for Use in Mental Health Practice**

**May 10, 2017**

Clinicians will select two training sessions and learn how to incorporate techniques in their mental health care practice:  
breathing meditation, embodied practices including walking meditation and body scan meditation, or compassion and self-compassion practices

*Interested clinicians should contact Ralf Schneider at [Ralf.Schneider@va.gov](mailto:Ralf.Schneider@va.gov) or 410-637-1874*

*APA, ASWB, and ANCC CEUs available*



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